

BOLIVIA MOUNTAINEERING INFORMATION









Several peaks pierce the sky rising to over 21,000ft (6000m). This trip combines a comprehensive curriculum of glacier travel and high altitude mountaineering skills preparing participants for summit attempts on **Huayna Potosí**, (19,968'/6088m) and the "shining one" **Illimani** (21,125' / 6439m). In Preparation for these two primary objectives participants will include climbs of lower elevation peaks in the Cordillera Real range. These provide a chance to practice advanced mountaineering techniques and time for acclimatization. This trip is available in both 14 (Huayna Potosí only) and 21 day segments (Illimani climb).

To begin, we will catch our breath in the high city of La Paz, the highest capital city in the world at 11,900ft. After a day of local sightseeing and market visits, we will visit the pre-Incan ruins of Tiwanaka. Following this we will travel to the town Copacabana along the shore of Lake Titicaca where we improve our acclimatization by boating and hiking around the lake.

Once acclimatized to these lower elevations we will head into the mountains for technical mountaineering instruction. These days will be spent learning and advancing our snow and glacier skills from a 15,200' base camp amid the high peaks of the Condoriri group. Pack animals will assist us in reaching Lago Condoriri. Peak Condoriri, representative of a condor about to take flight is the namesake of the beautiful mountain that overlooks the region. Having acclimated, we can now attempt peaks such as Pequeño Alpamayo (17,613'), Ilusioncita (16,896') or Ilusion, (17,500') or even the spectacular summit of Condoriri. All require early starts, careful glacier navigation, and have sections of narrow ice ridges or steep ice slopes. From here, it's on to our first primary objective, Huayna Potosí.

Overall this trip is an excellent opportunity for climbers with intermediate experience to hone their mountaineering skills at altitude. Throughout the expedition our experienced guides will share their knowledge and instruct guests on advanced technical mountaineering techniques and high altitude considerations.



LA PAZ: La Paz, the highest capital city in the world, stands at 11,900' above sea level. Its population of roughly one million people is diverse and rugged. The air at this altitude is quite thin and for most people it takes a few days to acclimatize. La Paz is the starting point and ending point for our Bolivia trips.

GUIDES: Our guides are professionals from the U.S. Their skill and experience help our guests to enjoy a good experience during their trip. They are also professional climbing instructors who genuinely enjoy sharing their knowledge.

PULSE OXIMETERS: Pulse oximeters are small, precise, medical instruments that essentially give a digital readout of how you are acclimatizing. With this information we can make more informed decisions as to how we can best tailor the trip to meet your individual needs. We use them beginning to end

GROUP SIZE: We believe that group size plays an important role in the experience of our guests. By limiting our groups to six guests with two guides we build in the flexibility to accommodate individual goals and expectations.

ITINERARIES: Our itineraries include ample time for weather and rest days. They are designed to provide participants with a positive high altitude experience.

ITINERARY OPTIONS: This trip is available in both 14 and 21 day lengths. Guests participating in the 14 day expedition will have a primary objective of Huayna Potosi and will have the opportunity to climb Pequeño Alpamayo (17,613'), Ilusioncita (16,896') or Ilusion, (17,500') or other peaks in the area for acclimatization and skill practice. The 21 day expedition includes all of these peaks with the additional attempt of Illimani (21,125ft), the highest peak in the Cordillera Real.

INCLUDED: All in-country transportation, Hotels in La Paz and other lodging throughout the expedition, All group climbing gear, all meals while climbing, Park fees and permits.

NOT INCLUDED: International round-trip airfare, Meals in La Paz, Personal gear (see gear list), Excess baggage charges and airport taxes, Personal items.

TRIP LENGTH: 21 days or 14 days depending on Itinerary; La Paz to La Paz.

DIFFICULTY: Strenuous. This trip involves technical glacier travel as well as demanding high altitude mountaineering. This trip gives participants the opportunity to gain more skill and experience in the mountains.

PHYSICAL CONDITIONING: In the best interest of personal safety, success and team compatibility, adequate training and excellent physical condition are required. Climbers must be able to carry a heavy pack and be physically and mentally prepared to deal with strenuous situations at high altitudes. Climbers need to be in excellent physical condition for both personal enjoyment and to be an integral team member. We encourage you to contact us so that we may assist you in developing a training program that meets your particular needs.

DATES AND PRICES: Please see our schedule of dates and prices